

THE ISLAMIA UNIVERSITY OF BAHAWALPUR

DEPARTMENT OF APPLIED PSYCHOLOGY

ASSIGNMENT NO 01

Subject: Health Psychology

Course Instructor: Dr. M Saleem

Semester: Msc-3<sup>rd</sup>

Submission Date:01-04-2020

Sr. No	Roll Number	Name	Topic	Chp
1	SP19E1MA002	Rida Maryam	Mind-Body relationship	1
2	SP19E1MA003	Ahsan Bashir	Rise of Biopsychosocial Method	1
3	SP19E1MA004	Ayesha Noor	Nervous system	2
4	SP19E1MA005	Masooma Fatima	Endocrine system	2
5	SP19E1MA006	H.M. Nadeem	Cardiovascular system	2
6	SP19E1MA007	Aamir Mansoor	Respiratory system	2
7	SP19E1MA008	Lakhi Anmol	Digestive systems	2
8	SP19E1MA009	Waqas Muneer	Renal system	2
9	SP19E1MA010	Komal Ibrahim	Reproductive system	2
10	SP19E1MA011	Zoia Khan	Genetics and immune system.	2
11	SP19E1MA012	Abid Hussain	Health promotion	3
12	SP19E1MA013	M. Majid	Changing the health habits	3
13	SP19E1MA015	Tooba safdar	Cognitive behavioral approach to Health behavior change	3
14	SP19E1MA017	Hira Majid	Obesity	5
15	SP19E1MA019	Sana Saleem	CBT for weight loss techniques	5
16	SP19E1MA020	Rimsha Manzoor	Anorexia Nervosa Eating Disorder	5
17	SP19E1MA021	Iqra Younis	Bulimia Eating Disorder	5
18	SP19E1MA022	Riaz Ahmad	Alcoholism	5
19	SP19E1MA023	Zoha Aziz	Smoking	5
20	SP19E1MA024	Humaira Siddiqha	Origins of stress	6
21	SP19E1MA025	Mudassar Nazar	Physiology of stress	6
22	SP19E1MA026	Farhan Ali	Sources of Chronic stress	6
23	SP19E1MA027	Iffat Kanwal	Personality and coping	7
24	SP19E1MA028	Tayyba Ishaq	Resilience and coping styles	7

25	SP19E1MA029	Aasia Bibi	Coping Interventions	7
26	SP19E1MA030	Rimsha Mukhtar	Social Support	7
27	SP19E1MA031	Hina Fatima	Recognition and interpretation of symptoms	8
28	SP19E1MA032	H.Sitara Jameel	CAM Treatments	9
29	SP19E1MA033	Misbah jameel	Placebo Effect	9
30	SP19E1MA034	Aqila Batool	Nature Of Pain	10
31	SP19E1MA035	Mohsin Saeed	Pain Control Techniques	10
32	SP19E1MA036	Madiha Maryam	Pain management Programs	10
33	SP19E1MA037	Syeda Iqra Gillani	Psychological Interventions and Chronic Health Disorders	11
34	SP19E1MA038	Sehrish Malik	Death Across The Life Span	12
35	SP19E1MA040	Muhammad Yasir	Coronary Heart Disease	13
36	SP19E1MA041	Abdul Haseeb	Hypertension	13
37	SP19E1MA044	Sohaib Anjum	Stroke	13
38	SP19E1MA047	Rehana Riaz	TYPE II Diabetes	13
39	FA18E1MA018	Moazam Ali	HIV Infection AND AIDS	14
40	FA18E1MA028	Suria Sattar	Cancer	14
41	FA18E1MA031	Ifra Andleeb	Arthritis	14
42	FA18E1MA033	Saqaf Taj	TYPE I DIABETES	14
43	FA18E1MA039	Zain Ashraf	Trends in health and health Psychology	15